

Support & Information

Emergency Housing Line

1-833-724-2444

**First Nations & Inuit Hope for
Wellness Help Line**

1-855-242-3310

Income Support

1-877-729-7888

Mental Health Crisis Line

811

Provincial Warm Line

1-855-753-2560

2SLGBTQIA+ Warm Line

1-866-230-8041

Emergency

911

Domestic Violence Help Line

1-888-709-7090

Kids Help Phone

1-888-668-6868

Sexual Assault Support Line

1-800-726-2743

Victim Services

709-729-7970



The Journey Project

1-833-722-2805

support@journeyprojectnl.com

www.journeyproject.ca